

## Event Code Senior Men / Masters Men 6 Stage

Pos	Team Name	Time	Leg1	Time	Pos	Leg2	Time	Pos	Leg3	Time	Pos	Leg4	Time	Pos	Leg5	Time	Pos	Leg6	Time	Pos
1	Central Athletic Club	2:11:51	Logan Beagley (SM)	15:13	1	Aidan Thompson (SM)	29:07	1	Iain Jordan (U20M)	15:40	1	Hamish Hickey (SM)	28:31	1	Calum Phillip (SM)	15:26	1	Jamie Crowe (SM)	27:54	1
2	Edinburgh University Hare and Hounds	2:14:28	Luca Messenger Jones (SM)	15:30	3	Angus Wright (SM)	29:48	4	Craig Shennan (U20M)	15:19	3	Henry Silverstein (SM)	29:54	3	Peter Bradshaw (SM)	15:09	3	Harry Henriksen (SM)	28:48	2
3	Corstorphine AAC	2:15:52	Aaron Hoyle (SM)	15:39	6	Angus Smith (SM)	28:54	2	Blayne Wright (SM)	15:45	2	Jack Eykelbosch (SM)	29:12	2	Fraser Smith (SM)	16:01	2	James Badenoch (SM)	30:21	3
4	Dundee Hawkhill Harriers	2:17:06	Warren Lorente (SM)	15:36	4	Ryan Donald (SM)	29:38	3	Seb Davies (SM)	16:27	4	Matthew Drummond (SM)	31:04	5	Laurence Petty (SM)	15:24	4	James Donald (SM)	28:57	4
5	Cambuslang Harriers	2:17:16	Lewis Roddis (SM)	15:37	5	Rory Muir (SM)	30:09	5	Callum Mathews (SM)	17:01	6	Fraser Stewart (SM)	29:30	4	Stuart Donnachie (SM)	16:05	5	Callum Tharme (SM)	28:54	5
6	Edinburgh Athletic Club	2:18:50	Samuel Leitch (SM)	16:49	17	Freddie Fearn (SM)	30:16	10	James Payne (SM)	16:21	7	Michael Cameron (SM)	30:06	7	Pierre-Yves Koenig (SM)	16:15	7	Noah Howlett (SM)	29:03	6
7	Central Athletic Club	2:20:04	Kieran Reilly (SM)	15:23	2	Cameron Milne (SM)	30:34	6	Luca Fanottoli (SM)	16:15	5	Ross Houston (M40)	31:08	6	Jonathan Marshall (SM)	15:49	6	Daniel Sutherland (U20M)	30:55	7
8	Fife Athletic Club	2:21:02	Steven Bryce (SM)	16:25	9	Alistair Gudgin (SM)	31:08	13	Scott McClung (SM)	16:37	10	Michael Sanderson (SM)	30:28	9	Ben Kinninmonth (SM)	16:44	8	Lewis Rodgers (SM)	29:40	8
9	Corstorphine AAC	2:23:14	James Wiggins (SM)	16:34	14	Callum McKenzie (SM)	30:24	8	Colin Soppitt (SM)	16:43	9	Julian Barrable (SM)	30:42	8	Simon Archer (SM)	17:05	9	Fearghas Thomson (SM)	31:46	9
10	Stirling University Athletics Club	2:24:23	Andrew Mckechnie (U20M)	16:56	19	Patrick Cole (U20M)	31:00	14	James Grant (SM)	16:59	13	Christopher Black (U20M)	32:15	14	Alastair Scott (SM)	17:25	13	Tom Tyler (SM)	29:48	10
11	Metro Aberdeen Running Club	2:24:30	Fraser Mackenzie (U20M)	16:25	10	Ben Seath (U20M)	30:16	7	Tom Brian (M40)	16:59	14	Will Mackay (SM)	31:41	12	Craig MacNamara (SM)	18:07	14	Jordan Cruickshank (SM)	29:45	11
12	Edinburgh Athletic Club V40	2:24:46	Robert Simpson (M40)	16:27	11	Mark Doherty (M40)	30:58	12	Ewan Cameron (M40)	16:50	11	Jonathan Henderson (M40)	32:01	11	Stuart Johnston (M40)	17:00	10	Iain Whitaker (M40)	31:30	12
13	Bellahouston Harriers	2:25:56	Scott Cockburn (SM)	16:54	18	Alasdair Campbell (SM)	30:18	11	Rhys Williams (SM)	17:09	12	Adam Stark (SM)	30:55	10	Scott Mason (M40)	18:10	11	David Mackintosh (SM)	32:30	13
14	Metro Aberdeen Running Club V40	2:27:00	Allan Christie (M40)	17:05	21	Jim Tole (M50)	31:05	17	Kenny Garden (M40)	17:17	16	Matthew Maciocia (M40)	32:09	15	David Marshall (M40)	17:18	15	Lesley Morrison (M40)	32:06	14
15	Glasgow University Hares and Hounds	2:27:15	Cameron Fordyce (SM)	15:50	7	Finlay Raynor (SM)	32:08	15	Stephen Addison (SM)	17:22	15	Lucas Pyrro (SM)	32:23	16	Hugh Lonergan (U20M)	17:17	16	Noah McDermott (SM)	32:15	15
16	Edinburgh Athletic Club	2:28:47	Nathan Brown (SM)	16:24	8	Robert Bough (SM)	30:38	9	Gary Constable (SM)	16:30	8	Adam Bayley (SM)	33:37	13	Declan Murray (SM)	17:16	12	Shane Donnellan (SM)	34:22	16
17	Central Athletic Club	2:30:19	Euan Andrews (SM)	16:34	15	Findlay Smith (SM)	34:41	25	Mario Rui Menier Povoa (M40)	17:27	21	Max Stevens (SM)	32:03	18	Kaydan Day (U20M)	16:51	17	Josh Wood (SM)	32:43	17
18	Corstorphine AAC V40	2:31:06	Moray Anderson (M40)	17:15	22	Mickey Breen (M40)	32:12	20	Tom Ferrington (M40)	18:14	18	Chris Poxton (M40)	33:31	19	Alastair Brockie (M40)	18:00	18	Iain Hutchinson (M40)	31:54	18
19	East Kilbride Athletic Club	2:31:31	Kenneth Scott (SM)	17:17	24	Patrick Brochan (SM)	31:11	18	Jamie McCack (SM)	18:32	17	Grant Baillie (M40)	32:18	17	Keith Charters (M60)	19:55	19	Jack Kirwan (SM)	32:18	19
20	Hunters Bog Trotters	2:35:03	Ewan Crawford (SM)	17:24	25	Jelmer Samplonius (M40)	35:28	28	Wade Cormack (SM)	18:27	28	Dave Ward (M40)	32:09	22	Aidan Belton-Schure (SM)	17:00	20	Graeme Kafka (M40)	34:35	20
21	Shettleston Harriers	2:36:14	Toby Hession (SM)	18:04	31	Seyd Taha Ghafari (SM)	30:04	16	John J Duffy (M60)	20:54	22	Tom Porter (SM)	33:21	21	John Oates (M60)	21:48	24	Sam Lesley (SM)	32:03	21
22	Fife Athletic Club	2:36:18	Sam Fernando (SM)	16:27	12	Luke Fleming (U20M)	34:04	24	Alfie Ap dafydd (U20M)	20:09	26	Yulian Vasilev (SM)	33:40	24	Marcas Macfarlane (U20M)	19:25	22	Michael Rimanics (SM)	32:33	22
23	Inverclyde Athletic Club	2:39:38	Greg Williams (SM)	17:16	23	Cameron Ryan (SM)	32:51	22	Craig Ruddy (SM)	17:58	20	Adam Hay (SM)	39:19	28	Jon Hammerman (M40)	18:22	26	Alan Callan (M40)	33:52	23
24	Edinburgh University Hare and Hounds	2:40:14	Lukas Berr (SM)	16:31	13	Alex MacKenzie (SM)	32:21	19	Oscar Shepherd (SM)	19:11	19	David Cuthbert (U20M)	33:12	20	Corin McGregor (U20M)	22:17	21	Dylan Morrison (U20M)	36:42	24
25	Lothian Running Club	2:40:50	Rory Whelan (SM)	18:06	32	Mark Ritchie (SM)	32:18	23	Colin Partridge (M40)	19:57	25	Joshua Dack (SM)	34:59	25	Michael Gray (SM)	23:23	29	Neil Renault (M40)	32:07	25
26	Corstorphine AAC	2:42:48	Jack Fullerton (SM)	17:00	20	Ali Armstrong (SM)	32:44	21	Christopher Fife (SM)	20:06	23	Scott Jenkins (SM)	35:33	26	Tristan Rabaels (SM)	19:40	25	Christopher O'Brien (M40)	37:45	26
27	Edinburgh Athletic Club	2:42:51	Dima Graham (U20M)	17:28	26	Charlie Hoskins (SM)	34:23	26	Peter Dyer (SM)	19:27	29	Abhinav Naga (SM)	35:27	27	Fergus Ingledew (SM)	19:01	28	Josh Taylor (SM)	36:45	27
28	Edinburgh Athletic Club V40	2:44:34	Paul Friend (M40)	18:23	35	Kevin Hamilton (M40)	35:15	31	Terry Roberts (M40)	18:12	30	Richard Meade (M40)	37:42	32	Iain Craven (M40)	21:54	34	Nicholas Wolverson (M40)	33:08	28
29	Gala Harriers Athletic Club	2:46:52	Sinclair Hill (M50)	19:20	39	Freddie Braithwaite-Exley (SM)	34:37	33	Simon Adamson (M50)	20:06	34	Tim Darlow (M50)	37:11	34	Francis Mcelroy (M40)	18:52	31	Jamie Robertson (SM)	36:46	29
30	Peterhead Running Club	2:47:12	Chris Forman (SM)	19:33	40	Ross Aird (M40)	34:09	32	Hamish Gray (SM)	19:07	31	Callum Urquhart (U20M)	35:10	29	Mark Urquhart (SM)	21:32	30	Ryan McRae (SM)	37:41	30
31	Metro Aberdeen Running Club V40	2:52:45	Andrew Thompson (M50)	20:29	42	Mark Wilkins (M40)	33:39	34	Ian Smith (M40)	21:38	35	Rankin Lascelles (M40)	35:17	33	Craig Anderson (M50)	21:09	35	Richard Masson (M40)	40:33	31
32	Hunters Bog Trotters	3:00:00	Rob Chadwick (SM)	18:30	36	Coll Williamson (SM)	42:48	42	Grant Massie (SM)	20:31	39	Alex Robinson (SM)	36:08	37	Stuart Mounce (M40)	19:11	36	Andre Antunes (M40)	42:52	32
33	Clydesdale Harriers	3:00:43	Michael Miller (SM)	17:55	28	Lewis Rider (U20M)	42:13	40	Ryan Nelson (SM)	23:03	41	Michael Diver (M50)	40:13	38	Graeme Wiseman (M50)	21:29	37	Tom Humphrey (SM)	35:50	33
34	East Kilbride Athletic Club	3:10:50	Niall Walker (SM)	22:35	44	Jamie Clements (SM)	37:37	41	Gary Lyon (M40)	21:05	38	Graeme Haddow (M60)	44:55	39	Michael Carlin (M40)	23:54	38	Stuart Mcmillan (M40)	40:44	34
35	Lothian Running Club	3:20:24	Iain Cameron (M40)	19:59	47	Andrew Corrigan (M60)	49:12	44	David Gray (M60)	21:41	42	Harry Mulholland (M60)	43:35	41	Liam Scott (SM)	25:56	40	Stuart Orr (M50)	40:01	35
36	Peterhead Athletics Club V40	3:22:28	Mark Beagrie (M40)	17:49	27	Steve Mc Morrow (M50)	39:37	37	Andrew Thom (M50)	25:02	40	Richard Dodunski (M40)	48:11	40	Gary Bruce (M40)	26:57	39	Stuart Gladstone (M40)	44:52	36
37	Caldergleng Harriers V40	3:44:23	Richard Lawton (M50)	24:38	46	Jason Grant (M40)	40:15	43	Russell Couper (M60)	30:24	43	Gerard Connelly (M50)	43:28	42	Colin Banks (M50)	34:39	41	Kenny Leinster (M60)	50:59	37
	Shettleston Harriers		Alex Manley (SM)	18:00	30															
	Bellahouston Harriers		David Carson (SM)	22:49	45	James McLaughlin (M50)	50:34	45												
	Central Athletic Club		Kenneth Hislop (M40)	21:21	43	Jens Subke (M50)	38:23	39												
	Kirkintilloch Olympians		Matthew Young (SM)	16:44	16	Ruairi Ferris (SM)	36:22	30	Scott Elliott (M60)	20:52	33									
	Glasgow University Hares and Hounds		John Poole (U20M)	18:57	37	Barney Shariff (SM)	37:04	36	Sam Grivell (SM)	21:43	37	Finn Boylan (SM)	35:15	36						
	Bellahouston Harriers		Calum Ferguson (SM)	18:15	34	Stuart Miller (M40)	36:27	35	Alistair Munro (U20M)	19:09	32	Chris Morris (M40)	38:09	35	Kevin Smith (M60)	18:50	33			
	Cambuslang Harriers		Alex Gillies (U20M)	18:11	33	Ross Noble (SM)	39:57	38	Owen Anderson (SM)	17:44	36	Stuart Gibson (M40)	32:45	30	Russell Chan (SM)	21:50	32			
	Stirling University Athletics Club		Fraser Morris (SM)	17:55	29	Aedan McGonigle (U20M)	35:05	29	Ryan Kellock (U20M)	17:11	24	Lukas Robinson (U20M)	38:38	31	Oliver Playfair (U20M)	17:15	27			
	Garscube Harriers		Simon Millage (M40)	19:03	38	Euan Convery (SM)	32:55	27	Mykola Kulakov (M40)	18:59	29	Colin Whitby (M40)	33:14	23	Iain McFarlane (M40)	19:57	23			
	Kilbarchan AAC	DQ	TR5 S2 (3)																	

**Event Code** Masters Men 40+ 6 Stage

Pos	Team Name	Leg1 Time	Time	Pos	Leg2 Pos	Time	Leg3	Time	Pos	Leg4	Time	Pos	Leg5	Time	Pos	Leg6	Time	Pos		
1	Edinburgh Athletic Club V40	2:24:46	Robert Simpson (M40)	16:27	11	Mark Doherty (M40)	30:58	12	Ewan Cameron (M40)	16:50	11	Jonathan Henderson (M40)	32:01	11	Stuart Johnston (M40)	17:00	10	Iain Whitaker (M40)	31:30	12
2	Metro Aberdeen Running Club V40	2:27:00	Allan Christie (M40)	17:05	21	Jim Tole (M50)	31:05	17	Kenny Garden (M40)	17:17	16	Matthew Maciocia (M40)	32:09	15	David Marshall (M40)	17:18	15	Lesley Morrison (M40)	32:06	14
3	Corstorphine AAC V40	2:31:06	Moray Anderson (M40)	17:15	22	Mickey Breen (M40)	32:12	20	Tom Ferrington (M40)	18:14	18	Chris Poxton (M40)	33:31	19	Alastair Brockie (M40)	18:00	18	Iain Hutchinson (M40)	31:54	18
4	Edinburgh Athletic Club V40	2:44:34	Paul Friend (M40)	18:23	35	Kevin Hamilton (M40)	35:15	31	Terry Roberts (M40)	18:12	30	Richard Meade (M40)	37:42	32	Iain Craven (M40)	21:54	34	Nicholas Wolverson (M40)	33:08	28
5	Metro Aberdeen Running Club V40	2:52:45	Andrew Thompson (M50)	20:29	42	Mark Wilkins (M40)	33:39	34	Ian Smith (M40)	21:38	35	Rankin Lascelles (M40)	35:17	33	Craig Anderson (M50)	21:09	35	Richard Masson (M40)	40:33	31
6	Calderglen Harriers V40	3:09:44	Richard Lawton (M50)	24:38	46	Jason Grant (M40)	40:15	43	Russell Couper (M60)	30:24	43	Gerard Connolly (M50)	43:28	42	Colin Banks (M50)	34:39	41	Kenny Leinster (M60)	40:01	35
7	Peterhead Athletics Club V40	3:22:28	Mark Beagrie (M40)	17:49	27	Steve Mc Morrow (M50)	39:37	37	Andrew Thom (M50)	25:02	40	Richard Dodunski (M40)	48:11	40	Greg Bruce (M40)	26:57	39	Stuart Gladstone (M40)	44:52	37

**Event Code** Masters Men 50+ 4 Stage

Pos	Team Name	Time	Leg1	Time	Pos	Leg2	Time	Pos	Leg3	Time	Pos	Leg4	Time	Pos
1	Cambuslang Harriers V50	1:45:19	Walter Henderson (M50)	18:20	4	Chris Upson (M60)	35:57	4	Mark Gallacher (M50)	17:31	4	Justin Carter (M50)	33:31	1
2	Edinburgh Athletic Club V50	1:45:29	Michael Fullerton (M50)	18:06	1	Tim Hely (M50)	33:47	1	Martin Ferguson (M60)	19:50	3	Adam Rouse (M50)	33:46	2
3	Corstorphine AAC V50	1:46:34	Jeremy Rogers (M50)	18:06	2	Max Colligan (M50)	34:20	2	Iain Macleod (M50)	18:59	1	Stuart Campbell (M50)	35:09	3
4	Metro Aberdeen Running Club V50	1:47:45	Michael Barker (M50)	18:13	3	Dino Roussias (M50)	35:02	3	Michael Crawford (M50)	18:17	2	Colin Munday (M50)	36:13	4
5	Cumbernauld Amateur Athletics Club V50	1:47:48	David Hogg (M50)	20:03	7	Stephen Allan (M50)	34:34	5	Ross McEachern (M50)	20:45	5	Louis O'Hare (M50)	32:26	5
6	Moray Road Harriers V50	1:51:18	John Urquhart (M50)	19:15	5	Stephen Carmichael (M50)	37:22	6	Alasdair Campbell (M50)	19:55	6	Gareth Jenkins (M50)	34:46	6
7	Moray Road Athletes V50	2:01:43	Simon MacDonald (M60)	20:46	9	Graham Stephen (M50)	39:18	7	John Querstret (M50)	21:30	7	Colin Green (M50)	40:09	7
8	Corstorphine AAC V50	2:11:06	Jan-Bert Van Den Berg (M60)	23:31	11	Martin Williams (M50)	41:05	9	Steven Blair (M60)	22:59	8	Brent Vivian (M60)	43:31	8
	Moray Road Athletes V50		Steve Donaghy (M60)	23:21	10									
	Garscube Harriers V50		Andy Downey (M50)	30:39	12	Stephen Cullen (M60)	41:38	11						
	Cambuslang Harriers V50		Des Dickson (M60)	20:09	8	Michael O'Hagan (M50)	40:29	8						
	Edinburgh Athletic Club V50		Gerry Campbell (M50)	20:01	6	Brian Howie (M70)	49:47	10	Eric Stevenson (M70)	26:22	9			

**Event Code** Senior Women / Masters Women 4 Stage

Pos	Team Name	Time	Leg1	Time	Pos	Leg2	Time	Pos	Leg3	Time	Pos	Leg4	Time	Pos
1	Edinburgh Athletic Club	1:43:40	Beth Ansell (SW)	17:02	1	Merce Sanchez Oller (SW)	34:47	1	Hanna Cox (SW)	18:21	1	Kirsty Walker (SW)	33:30	1
2	Edinburgh University Hares and Hounds	1:47:56	Imogen Marshall (U20W)	18:24	2	Charlotte Rose Burton (U20W)	34:44	2	Isabel Mansley (U20W)	17:55	2	Caitlyn Heggie (U20W)	36:53	2
3	Inverclyde Athletic Club	1:49:17	Laura Jedrusiak (SW)	19:23	6	Meredith Reid (SW)	36:14	6	Maisie Watson (SW)	19:02	4	Nynke Mulholland-Stummer (SW)	34:38	3
4	Edinburgh Athletic Club	1:50:53	Margot Wyrwoll (SW)	18:52	3	Lucy Naga (SW)	36:42	4	Anise Macaulay Orr (SW)	19:03	3	Ella Moore (SW)	36:16	4
5	Metro Aberdeen Running Club	1:51:20	Margarita Radeva (SW)	19:34	7	Chelsea Cook (SW)	36:02	5	Lucy McLeod (SW)	19:41	6	Diana Tulloch (SW)	36:03	5
6	Metro Aberdeen Running Club V40	1:51:39	Gemma Horne (W40)	20:29	11	Fiona Brian (W40)	34:24	3	Hazel Wyness (W40)	20:03	5	Nicola Gauld (W40)	36:43	6
7	Gala Harriers Athletic Club	1:55:12	Poppy Lunn (U20W)	20:26	10	Katy Barden (SW)	36:14	7	Gillian Lunn (W50)	22:32	9	Sara Green (W40)	36:00	7
8	Corstorphine AAC	1:55:35	Jessica Macleod (SW)	19:13	4	Kirstin Maxwell (SW)	38:22	8	Esmé Callander (SW)	20:17	7	Jessica Tovey (SW)	37:43	8
9	Edinburgh University Hares and Hounds	1:57:02	Megan John (SW)	19:18	5	Kolbrun Aspelund (U20W)	38:43	9	Caitlin Hall (U20W)	21:10	8	Caitiona Kane (U20W)	37:51	9
10	Metro Aberdeen Running Club	2:03:47	Louisa Lawrie (SW)	20:39	12	Eve Smith (SW)	40:40	13	Kayleigh Jarrett (SW)	20:13	11	Chloe Hunter (U20W)	42:15	10
11	Glasgow University Hares and Hounds	2:03:56	Amy Tod (U20W)	19:43	9	Jennifer Donnyman (SW)	39:33	11	Malia Grosser (U20W)	21:23	10	Sadie Crossdale (SW)	43:17	11
12	Kinross Road Athletes V40	2:04:46	Michelle Gibb (W40)	24:21	26	Caroline Jones (W40)	38:35	17	Christine Myerscough (W60)	24:55	18	Alison McGill (W40)	36:55	12
13	Lothian Running Club	2:06:03	Andrea Cameron (W40)	22:34	19	Victoria Linsley (SW)	46:43	26	Sorcha Daly (SW)	20:38	23	Jo Williams (SW)	36:08	13
14	Harmony Athletic Club	2:06:34	Jemma Murray (U20W)	23:43	24	Tyler Curley (SW)	39:11	16	Natsai Nyabadza (U20W)	19:21	13	Yoana Bogdanova (U20W)	44:19	14
15	Garscube Harriers	2:08:59	Beth Gibbons (SW)	23:31	22	Maisie Blair (SW)	38:46	14	Linsay Crawford (SW)	24:51	16	Heather Crawford (SW)	41:51	15
16	East Kilbride Athletic Club	2:10:39	Laura Maria Hervas (W40)	24:39	27	Kelly Bailtie (W40)	39:30	19	Rachael Williams (SW)	25:38	21	Emma Livingstone (SW)	40:52	16
17	Bellahouston Harriers	2:11:01	Kristina Glynn (SW)	19:38	8	Louise Mitchell (W40)	43:08	15	Deirdre Harrington (W40)	24:52	17	Jennifer Sarah Walker (W40)	43:23	17
18	Metro Aberdeen Running Club	2:11:20	Jayne Addie (W40)	23:51	25	Catherine Leslie (SW)	41:02	20	Simone Silcock (W40)	24:28	20	Katie Forbes (SW)	41:59	18
19	Peterhead Athletics Club	2:11:41	Jennifer Robertson (W40)	22:01	16	Rebecca Ritchie (SW)	43:02	21	Donna Gray (W50)	21:58	15	Barbara Anne Needs (W40)	44:40	19
20	Pitreevie AAC V40	2:13:20	Jennifer McFarlane (W40)	22:59	20	Alison Dunsmore (W40)	44:26	23	Anne Halley Ben-Shabat (W60)	23:26	24	Gemma Chalmers (W40)	42:29	20
21	Stirling University Athletics Club	2:14:15	Niamh Campbell (U20W)	21:13	14	Anna Calder (U20W)	38:01	10	Kate Kennedy (U20W)	22:54	12	Devin Adams (SW)	52:07	21
22	Pitreevie AAC	2:23:36	Sarah Ross (SW)	26:01	31	Diane Stewart (SW)	47:38	29	Lynsey Walker (SW)	24:17	27	Karyn Stewart (SW)	45:40	22
23	Lothian Running Club	2:26:50	Mel Zobel (W40)	22:23	18	Kirsty Gray (W40)	45:39	25	Emma Purdie (W40)	30:38	28	Miriam Smyth (SW)	48:10	23
	Bellahouston Harriers		Joanna Knight (W40)	27:22	34									
	Kirkintilloch Olympians		Catriona Cameron (SW)	26:59	33									
	Stirling University Athletics Club		Emma Reilly (SW)	25:28	29									
	East Kilbride Athletic Club		Vivien Thorpe (W40)	23:17	21	Charmaine Lumsden (SW)	52:57	30						
	Glasgow University Hares and Hounds		Bella Raso (SW)	26:29	32	Aliya Braer (SW)	44:42	28	Tara Garioch (SW)					
	Lothian Running Club		Caitlin Robertson (SW)	25:34	30	Caroline Fraser (W50)	52:06	31	Emma Thomson (SW)	22:55	29			
	Garscube Harriers V40		Amy Cromarty (W40)	25:27	28	Martha Lovatt (W40)	45:25	27	Diane Clark (W40)	24:24	26			
	Linthgow Athletic Club		Vivian Bogle (SW)	22:10	17	Lisa Davie (W40)	45:31	24	Lynn Sharp (SW)	27:27	25			
	Linthgow Athletic Club V40		Frances Wood (W60)	23:33	23	Jennifer MacLean (W50)	39:26	18	Lisa Brailey (W40)	26:53	22			
	Edinburgh Athletic Club V40		Sheenagh MacLulich (W40)	21:22	15	Emma Laverie (W40)	44:24	22	Hannah Waugh (W40)	22:40	19			
	Edinburgh Athletic Club		Abby Thomson (SW)	20:39	13	Hannah Williams (SW)	40:27	12	Amalia Horan Skilton (SW)	25:17	14			

**Event Code** Masters Women V40 4 Stage

Pos	Team Name	Time	Leg1	Time	Pos	Leg2	Time	Pos	Leg3	Time	Pos	Leg 4	Time	Pos
1	Metro Aberdeen Running Club V40	1:51:39	Gemma Horne (W40)	20:29	11	Fiona Brian (W40)	34:24	3	Hazel Wyness (W40)	20:03	5	Nicola Gauld (W40)	36:43	6
2	Kinross Road Athletes V40	2:04:46	Michelle Gibb (W40)	24:21	26	Caroline Jones (W40)	38:35	17	Christine Myerscough (W60)	24:55	18	Alison McGill (W40)	36:55	12
3	Pitreevie AAC V40	2:13:20	Jennifer McFarlane (W40)	22:59	20	Alison Dunsmore (W40)	44:26	23	Anne Halley Ben-Shabat (W60)	23:26	24	Gemma Chalmers (W40)	42:29	20
	Garscube Harriers V40		Amy Cromarty (W40)	25:27	28	Martha Lovatt (W40)	45:25	27	Diane Clark (W40)	24:24	26			
	Linlithgow Athletic Club V40		Frances Wood (W60)	23:33	23	Jennifer MacLean (W50)	39:26	18	Lisa Brailey (W40)	26:53	22			
	Edinburgh Athletic Club V40		Sheenagh MacLulich (W40)	21:22	15	Emma Laverie (W40)	44:24	22	Hannah Waugh (W40)	22:40	19			

**Event Code** Masters Women V50+ 3 Stage

Pos	Team Name	Time	Leg1	Time	Pos	Leg2	Time	Pos	Leg3	Time	Pos
1	Edinburgh Athletic Club V50	1:23:49	Susan Ridley (W60)	23:07	2	Janet Dunbar (W50)	40:21	1	Julie Wilson (W50)	20:21	1
2	Helensburgh Amateur Athletic Club V50	1:27:47	Catherine Mccusker (W50)	25:24	5	Claire Heasman (W50)	38:54	2	Julia McAfee (W50)	23:29	2
3	Lothian Running Club V50	1:38:52	Avril Pearson (W50)	21:36	1	Judith Thomson (W50)	47:22	3	Liz Bondi (W70)	29:54	3
4	Moray Road Athletes V50	1:41:36	Karen Norvell (W50)	24:59	4	Elspeth Jenkins (W50)	48:49	4	Cathy Donegan (W50)	27:48	4
5	Kirkintilloch Olympians V50	1:44:01	Ros O'Sullivan (W60)	25:26	6	Ada Stewart (W60)	48:39	5	Shirley MacNab (W60)	29:56	5
6	Pitreevie AAC V50	1:48:06	Penny Hicks (W60)	27:04	7	Kym McCulloch (W50)	52:52	7	Melanie Sinclair (W50)	28:10	6
7	Corstorphine AAC V50	1:49:31	Caroline Rae (W50)	24:03	3	Mhairi Bagnall (W50)	55:27	6	Janet Grigor (W50)	30:01	7
	Helensburgh Amateur Athletic Club V50		Janet Fellowes (W70)	29:53	8						

Rank	Athlete	Club	Time	AgePos	Leg
1	Beth Ansell (SW)	Edinburgh Athletic Club	17:02	1	1
2	Isabel Mansley (U20W)	Edinburgh University Hare and Hounds	17:55	1	3
3	Hannah Cox (SW)	Edinburgh Athletic Club	18:21	2	3
4	Imogen Marshall (U20W)	Edinburgh University Hare and Hounds	18:24	2	1
5	Margot Wyrwoll (SW)	Edinburgh Athletic Club	18:52	3	1
6	Maisie Watson (SW)	Inverclyde Athletic Club	19:02	4	3
7	Anise Macaulay Orr (SW)	Edinburgh Athletic Club	19:03	5	3
8	Jessica Macleod (SW)	Corstorphine AAC	19:13	6	1
9	Megan John (SW)	Edinburgh University Hare and Hounds	19:18	7	1
10	Natsai Nyabadza (U20W)	Harmeny Athletic Club	19:21	3	3
11	Laura Jedrusiak (SW)	Inverclyde Athletic Club	19:23	8	1
12	Margarita Radeva (SW)	Metro Aberdeen Running Club	19:34	9	1
13	Kristina Glynn (SW)	Bellahouston Harriers	19:38	10	1
14	Lucy McLeod (SW)	Metro Aberdeen Running Club	19:41	11	3
15	Amy Tod (U20W)	Glasgow University Hares and Hounds	19:43	4	1
16	Hazel Wyness (W40)	Metro Aberdeen Running Club V40	20:03	1	3
17	Kayleigh Jarrett (SW)	Metro Aberdeen Running Club	20:13	12	3
18	Esme Callander (SW)	Corstorphine AAC	20:17	13	3
19	Julie Wilson (W50)	Edinburgh Athletic Club V50	20:21	1	3
20	Poppy Lunn (U20W)	Gala Harriers Athletic Club	20:26	5	1
21	Gemma Horne (W40)	Metro Aberdeen Running Club V40	20:29	2	1
22	Sorcha Daly (SW)	Lothian Running Club	20:38	14	3
23	Louisa Lawrie (SW)	Metro Aberdeen Running Club	20:39	15	1
23	Abby Thomson (SW)	Edinburgh Athletic Club	20:39	15	1
25	Caitlin Hall (U20W)	Edinburgh University Hare and Hounds	21:10	6	3
26	Niamh Campbell (U20W)	Stirling University Athletics Club	21:13	7	1
27	Sheenagh MacLulich (W40)	Edinburgh Athletic Club V40	21:22	3	1
28	Malia Grosser (U20W)	Glasgow University Hares and Hounds	21:23	8	3
29	Avril Pearson (W50)	Lothian Running Club V50	21:36	2	1
30	Donna Gray (W50)	Peterhead Athletics Club	21:58	3	3
31	Jennifer Robertson (W40)	Peterhead Athletics Club	22:01	4	1
32	Vivian Bogle (SW)	Linlithgow Athletic Club	22:10	17	1
33	Mel Zobel (W40)	Lothian Running Club	22:23	5	1
34	Gillian Lunn (W50)	Gala Harriers Athletic Club	22:32	4	3
35	Andrea Cameron (W40)	Lothian Running Club	22:34	6	1
36	Hannah Waugh (W40)	Edinburgh Athletic Club V40	22:40	7	3
37	Kate Kennedy (U20W)	Stirling University Athletics Club	22:54	9	3
38	Emma Thomson (SW)	Lothian Running Club	22:55	18	3
39	Jennifer McFarlane (W40)	Pitreavie AAC V40	22:59	8	1
40	Susan Ridley (W60)	Edinburgh Athletic Club V50	23:07	1	1
41	Vivien Thorpe (W40)	East Kilbride Athletic Club	23:17	9	1
42	Anne Halley Ben-Shabat (W60)	Pitreavie AAC V40	23:26	2	3
43	Julia McAfee (W50)	Helensburgh Amateur Athletic Club V50	23:29	5	3
44	Beth Gibbons (SW)	Garscube Harriers	23:31	19	1
45	Frances Wood (W60)	Linlithgow Athletic Club V40	23:33	3	1
46	Jemma Murray (U20W)	Harmeny Athletic Club	23:43	10	1
47	Jayne Addie (W40)	Metro Aberdeen Running Club	23:51	10	1
48	Caroline Rae (W50)	Corstorphine AAC V50	24:03	6	1
49	Lynsey Walker (SW)	Pitreavie AAC	24:17	20	3
50	Michelle Gibb (W40)	Kinross Road Athletes V40	24:21	11	1

Rank	Athlete	Club	Time	AgePos	Leg
51	Diane Clark (W40)	Garscube Harriers V40	24:24	12	3
52	Simone Silcock (W40)	Metro Aberdeen Running Club	24:28	13	3
53	Laura Maria Hervas (W40)	East Kilbride Athletic Club	24:39	14	1
54	Linsey Crawford (SW)	Garscube Harriers	24:51	21	3
55	Deirdre Harrington (W40)	Bellahouston Harriers	24:52	15	3
56	Christine Myerscough (W60)	Kinross Road Athletes V40	24:55	4	3
57	Karen Norvell (W50)	Moray Road Athletes V50	24:59	7	1
58	Amalia Horan Skilton (SW)	Edinburgh Athletic Club	25:17	22	3
59	Catherine Mccusker (W50)	Helensburgh Amateur Athletic Club V50	25:24	8	1
60	Ros O'Sullivan (W60)	Kirkintilloch Olympians V50	25:26	5	1
61	Amy Cromarty (W40)	Garscube Harriers V40	25:27	16	1
62	Emma Reilly (SW)	Stirling University Athletics Club	25:28	23	1
63	Caitlin Robertson (SW)	Lothian Running Club	25:34	24	1
64	Rachael Williams (SW)	East Kilbride Athletic Club	25:38	25	3
65	Sarah Ross (SW)	Pitreavie AAC	26:01	26	1
66	Bella Raso (SW)	Glasgow University Hares and Hounds	26:29	27	1
67	Lisa Brailey (W40)	Linlithgow Athletic Club V40	26:53	17	3
68	Catriona Cameron (SW)	Kirkintilloch Olympians	26:59	28	1
69	Penny Hicks (W60)	Pitreavie AAC V50	27:04	6	1
70	Joanna Knight (W40)	Bellahouston Harriers	27:22	18	1
71	Lynn Sharp (SW)	Linlithgow Athletic Club	27:27	29	3
72	Cathy Donegan (W50)	Moray Road Athletes V50	27:48	9	3
73	Melanie Sinclair (W50)	Pitreavie AAC V50	28:10	10	3
74	Janet Fellowes (W70)	Helensburgh Amateur Athletic Club V50	29:53	1	1
75	Liz Bondi (W70)	Lothian Running Club V50	29:54	2	3
76	Shirley MacNab (W60)	Kirkintilloch Olympians V50	29:56	7	3
77	Janet Grigor (W50)	Corstorphine AAC V50	30:01	11	3
78	Emma Purdie (W40)	Lothian Running Club	30:38	19	3

Rank	Athlete	Club	Time	AgePos	Leg
1	Kirsty Walker (SW)	Edinburgh Athletic Club	33:30	1	4
2	Fiona Brian (W40)	Metro Aberdeen Running Club V40	34:24	1	2
3	Nynke Mulholland-Stummer (SW)	Inverclyde Athletic Club	34:38	2	4
4	Charlotte Rose Burton (U20W)	Edinburgh University Hare and Hounds	34:44	1	2
5	Merce Sanchez Oller (SW)	Edinburgh Athletic Club	34:47	3	2
6	Sara Green (W40)	Gala Harriers Athletic Club	36:00	2	4
7	Chelsea Cook (SW)	Metro Aberdeen Running Club	36:02	4	2
8	Diana Tulloch (SW)	Metro Aberdeen Running Club	36:03	5	4
9	Jo Williams (SW)	Lothian Running Club	36:08	6	4
10	Meredith Reid (SW)	Inverclyde Athletic Club	36:14	7	2
10	Katy Barden (W40)	Gala Harriers Athletic Club	36:14	3	2
12	Ella Moore (SW)	Edinburgh Athletic Club	36:16	8	4
13	Lucy Naga (SW)	Edinburgh Athletic Club	36:42	9	2
14	Nicola Gauld (W40)	Metro Aberdeen Running Club V40	36:43	4	4
15	Caitlyn Heggie (U20W)	Edinburgh University Hare and Hounds	36:53	2	4
16	Alison McGill (W40)	Kinross Road Athletes V40	36:55	5	4
17	Jessica Tovey (SW)	Corstorphine AAC	37:43	10	4
18	Cationa Kane (U20W)	Edinburgh University Hare and Hounds	37:51	3	4
19	Anna Calder (U20W)	Stirling University Athletics Club	38:01	4	2
20	Kirstin Maxwell (SW)	Corstorphine AAC	38:22	11	2
21	Caroline Jones (W40)	Kinross Road Athletes V40	38:35	6	2
22	Kolbrun Aspelund (U20W)	Edinburgh University Hare and Hounds	38:43	5	2
23	Maisie Blair (SW)	Garscube Harriers	38:46	12	2
24	Claire Heasman (W50)	Helensburgh Amateur Athletic Club V50	38:54	1	2
25	Tyler Curley (SW)	Harmeny Athletic Club	39:11	13	2
26	Jennifer MacLean (W50)	Linlithgow Athletic Club V40	39:26	2	2
27	Kelly Baillie (W40)	East Kilbride Athletic Club	39:30	7	2
28	Jennifer Bonnyman (SW)	Glasgow University Hares and Hounds	39:33	14	2
29	Janet Dunbar (W50)	Edinburgh Athletic Club V50	40:21	3	2
30	Hannah Williams (SW)	Edinburgh Athletic Club	40:27	15	2
31	Eve Smith (SW)	Metro Aberdeen Running Club	40:40	16	2
32	Emma Livingstone (SW)	East Kilbride Athletic Club	40:52	17	4
33	Catherine Leslie (SW)	Metro Aberdeen Running Club	41:02	18	2
34	Heather Crawford (SW)	Garscube Harriers	41:51	19	4
35	Katie Forbes (SW)	Metro Aberdeen Running Club	41:59	20	4
36	Chloe Hunter (U20W)	Metro Aberdeen Running Club	42:15	6	4
37	Gemma Chalmers (W40)	Pitreavie AAC V40	42:29	8	4
38	Rebecca Ritchie (SW)	Peterhead Athletics Club	43:02	21	2
39	Louise Mitchell (W40)	Bellahouston Harriers	43:08	9	2
40	Sadie Croasdale (SW)	Glasgow University Hares and Hounds	43:17	22	4
41	Jennifer Sarah Walker (W40)	Bellahouston Harriers	43:23	10	4
42	Yoana Bogdanova (U20W)	Harmeny Athletic Club	44:19	7	4
43	Emma Laverie (W40)	Edinburgh Athletic Club V40	44:24	11	2
44	Alison Dunsmore (W40)	Pitreavie AAC V40	44:26	12	2
45	Barbara Anne Needs (W40)	Peterhead Athletics Club	44:40	13	4
46	Aliya Braer (SW)	Glasgow University Hares and Hounds	44:42	23	2
47	Martha Lovatt (W40)	Garscube Harriers V40	45:25	14	2
48	Lisa Davie (W40)	Linlithgow Athletic Club	45:31	15	2
49	Kirsty Gray (W40)	Lothian Running Club	45:39	16	2
50	Karyn Stewart (SW)	Pitreavie AAC	45:40	24	4

<b>Rank</b>	<b>Athlete</b>	<b>Club</b>	<b>Time</b>	<b>AgePos</b>	<b>Leg</b>
51	Victoria Linsley (SW)	Lothian Running Club	46:43	25	2
52	Judith Thomson (W50)	Lothian Running Club V50	47:22	4	2
53	Diane Stewart (SW)	Pitreavie AAC	47:38	26	2
54	Miriam Smyth (SW)	Lothian Running Club	48:10	27	4
55	Ada Stewart (W60)	Kirkintilloch Olympians V50	48:39	1	2
56	Elspeth Jenkins (W50)	Moray Road Athletes V50	48:49	5	2
57	Caroline Fraser (W50)	Lothian Running Club	52:06	6	2
58	Devin Adams (SW)	Stirling University Athletics Club	52:07	28	4
59	Kym McCulloch (W50)	Pitreavie AAC V50	52:52	7	2
60	Charmaine Lumsden (SW)	East Kilbride Athletic Club	52:57	29	2
61	Mhairi Bagnall (W50)	Corstorphine AAC V50	55:27	8	2

Rank	Athlete	Club	Time	AgePos	Leg
1	Peter Bradshaw (SM)	Edinburgh University Hare and Hounds	15:09	1	5
2	Logan Beagley (SM)	Central Athletic Club	15:13	2	1
3	Craig Shennan (U20M)	Edinburgh University Hare and Hounds	15:19	1	3
4	Kieran Reilly (SM)	Central Athletic Club	15:23	3	1
5	Laurence Petty (SM)	Dundee Hawkhill Harriers	15:24	4	5
6	Calum Phillip (SM)	Central Athletic Club	15:26	5	5
7	Luca Messenger Jones (SM)	Edinburgh University Hare and Hounds	15:30	6	1
8	Warren Lorente (SM)	Dundee Hawkhill Harriers	15:36	7	1
9	Lewis Roddis (SM)	Cambuslang Harriers	15:37	8	1
10	Aaron Hoyle (SM)	Corstorphine AAC	15:39	9	1
11	Iain Jordan (U20M)	Central Athletic Club	15:40	2	3
12	Blayne Wright (SM)	Corstorphine AAC	15:45	10	3
13	Jonathan Marshall (SM)	Central Athletic Club	15:49	11	5
14	Cameron Fordyce (SM)	Glasgow University Hares and Hounds	15:50	12	1
15	Fraser Smith (SM)	Corstorphine AAC	16:01	13	5
16	Stuart Donnachie (SM)	Cambuslang Harriers	16:05	14	5
17	Luca Fanottoli (SM)	Central Athletic Club	16:15	15	3
17	Pierre-Yves Koenig (SM)	Edinburgh Athletic Club	16:15	15	5
19	James Payne (SM)	Edinburgh Athletic Club	16:21	17	3
20	Nathan Brown (SM)	Edinburgh Athletic Club	16:24	18	1
21	Steven Bryce (SM)	Fife Athletic Club	16:25	19	1
21	Fraser MacKenzie (U20M)	Metro Aberdeen Running Club	16:25	3	1
23	Robert Simpson (M40)	Edinburgh Athletic Club V40	16:27	1	1
23	Sam Fernando (SM)	Fife Athletic Club	16:27	20	1
23	Seb Davies (SM)	Dundee Hawkhill Harriers	16:27	20	3
26	Gary Constable (SM)	Edinburgh Athletic Club	16:30	22	3
27	Lukas Berr (SM)	Edinburgh University Hare and Hounds	16:31	23	1
28	James Wiggins (SM)	Corstorphine AAC	16:34	24	1
28	Euan Andrews (SM)	Central Athletic Club	16:34	24	1
30	Scott Mcclung (SM)	Fife Athletic Club	16:37	26	3
31	Colin Soppitt (SM)	Corstorphine AAC	16:43	27	3
32	Matthew Young (SM)	Kirkintilloch Olympians	16:44	28	1
32	Ben Kinninmonth (SM)	Fife Athletic Club	16:44	28	5
34	Samuel Leitch (SM)	Edinburgh Athletic Club	16:49	30	1
35	Ewan Cameron (M40)	Edinburgh Athletic Club V40	16:50	2	3
36	Kaydan Day (U20M)	Central Athletic Club	16:51	4	5
37	Scott Cockburn (SM)	Bellahouston Harriers	16:54	31	1
38	Andrew Mckechnie (U20M)	Stirling University Athletics Club	16:56	5	1
39	James Grant (SM)	Stirling University Athletics Club	16:59	32	3
40	Jack Fullerton (SM)	Corstorphine AAC	17:00	33	1
40	Stuart Johnston (M40)	Edinburgh Athletic Club V40	17:00	3	5
40	Aidan Belton-Schure (SM)	Hunters Bog Trotters	17:00	33	5
43	Callum Matthews (SM)	Cambuslang Harriers	17:01	35	3
44	Allan Christie (M40)	Metro Aberdeen Running Club V40	17:05	4	1
44	Simon Archer (SM)	Corstorphine AAC	17:05	36	5
46	Rhys Williams (SM)	Bellahouston Harriers	17:09	37	3
47	Ryan Kellock (U20M)	Stirling University Athletics Club	17:11	6	3
48	Moray Anderson (M40)	Corstorphine AAC V40	17:15	5	1
48	Oliver Playfair (U20M)	Stirling University Athletics Club	17:15	7	5
50	Greg Willaims (SM)	Inverclyde Athletic Club	17:16	38	1
50	Declan Murray (SM)	Edinburgh Athletic Club	17:16	38	5

Rank	Athlete	Club	Time	AgePos	Leg
52	Kenneth Scott (SM)	East Kilbride Athletic Club	17:17	40	1
52	Kenny Garden (M40)	Metro Aberdeen Running Club V40	17:17	6	3
52	Hugh Lonergan (U20M)	Glasgow University Hares and Hounds	17:17	8	5
55	David Marshall (M40)	Metro Aberdeen Running Club V40	17:18	7	5
56	Stephen Addison (SM)	Glasgow University Hares and Hounds	17:22	41	3
57	Ewan Crawford (SM)	Hunters Bog Trotters	17:24	42	1
58	Alastair Scott (SM)	Stirling University Athletics Club	17:25	43	5
59	Mario Rui Menier Povoia (M40)	Central Athletic Club	17:27	8	3
60	Dima Graham (U20M)	Edinburgh Athletic Club	17:28	9	1
61	Mark Gallacher (M50)	Cambuslang Harriers V50	17:31	1	3
62	Owen Anderson (SM)	Cambuslang Harriers	17:44	44	3
63	Mark Beagrie (M40)	Peterhead Athletics Club V40	17:49	9	1
64	Michael Miller (SM)	Clydesdale Harriers	17:55	45	1
64	Fraser Morris (SM)	Stirling University Athletics Club	17:55	45	1
66	Craig Ruddy (SM)	Inverclyde Athletic Club	17:58	47	3
67	Alex Manley (SM)	Shettleston Harriers	18:00	48	1
67	Alastair Brockie (M40)	Corstorphine AAC V40	18:00	10	5
69	Toby Hession (SM)	Shettleston Harriers	18:04	49	1
70	Rory Whelan (SM)	Lothian Running Club	18:06	50	1
70	Michael Fullerton (M50)	Edinburgh Athletic Club V50	18:06	2	1
70	Jeremy Rogers (M50)	Corstorphine AAC V50	18:06	2	1
73	Craig MacNamara (SM)	Metro Aberdeen Running Club	18:07	51	5
74	Scott Mason (M40)	Bellahouston Harriers	18:10	11	5
75	Alex Gillies (U20M)	Cambuslang Harriers	18:11	10	1
76	Terry Roberts (M40)	Edinburgh Athletic Club V40	18:12	12	3
77	Michael Barker (M50)	Metro Aberdeen Running Club V50	18:13	4	1
78	Tom Ferrington (M40)	Corstorphine AAC V40	18:14	13	3
79	Calum Ferguson (SM)	Bellahouston Harriers	18:15	52	1
80	Tom Brian (M40)	Metro Aberdeen Running Club	18:16	14	3
81	Michael Crawford (M50)	Metro Aberdeen Running Club V50	18:17	5	3
82	Walter Henderson (M50)	Cambuslang Harriers V50	18:20	6	1
83	Jon Hammerman (M40)	Inverclyde Athletic Club	18:22	15	5
84	Paul Friend (M40)	Edinburgh Athletic Club V40	18:23	16	1
85	Wade Cormack (SM)	Hunters Bog Trotters	18:27	53	3
86	Rob Chadwick (SM)	Hunters Bog Trotters	18:30	54	1
87	Jamie McCaskell (SM)	East Kilbride Athletic Club	18:32	55	3
88	Kevin Smith (M60)	Bellahouston Harriers	18:50	1	5
89	Francis Mcelroy (M40)	Gala Harriers Athletic Club	18:52	17	5
90	John Poole (U20M)	Glasgow University Hares and Hounds	18:57	11	1
91	Mykola Kulakov (M40)	Garscube Harriers	18:59	18	3
91	Iain Macleod (M50)	Corstorphine AAC V50	18:59	7	3
93	Fergus Ingledew (SM)	Edinburgh Athletic Club	19:01	56	5
94	Simon Millage (M40)	Garscube Harriers	19:03	19	1
95	Hamish Gray (SM)	Peterhead Athletics Club	19:07	57	3
96	Alistair Munro (U20M)	Bellahouston Harriers	19:09	12	3
97	Oscar Shepherd (SM)	Edinburgh University Hare and Hounds	19:11	58	3
97	Stuart Mounce (M40)	Hunters Bog Trotters	19:11	20	5
99	John Urquhart (M50)	Moray Road Athletes V50	19:15	8	1
100	Sinclair Hill (M50)	Gala Harriers Athletic Club	19:20	9	1

Rank	Athlete	Club	Time	AgePos	Leg
101	Marcas Macfarlane (U20M)	Fife Athletic Club	19:25	13	5
102	Chris Forman (SM)	Peterhead Athletics Club	19:33	59	1
103	Tristan Rabaeijs (SM)	Corstorphine AAC	19:40	60	5
104	Peter Dyer (SM)	Edinburgh Athletic Club	19:47	61	3
105	Martin Ferguson (M60)	Edinburgh Athletic Club V50	19:50	2	3
106	Keith Charters (M60)	East Kilbride Athletic Club	19:55	3	5
106	Alasdair Campbell (M50)	Moray Road Athletes V50	19:55	10	3
108	Colin Partridge (M40)	Lothian Running Club	19:57	21	3
108	Iain McFarlane (M40)	Garscube Harriers	19:57	21	5
110	Iain Cameron (M40)	Lothian Running Club	19:59	23	1
111	Gerry Campbell (M50)	Edinburgh Athletic Club V50	20:01	11	1
112	David Hogg (M50)	Cumbernauld Amateur Athletics Club V50	20:03	12	1
113	Christopher Fife (SM)	Corstorphine AAC	20:06	62	3
113	Simon Adamson (M50)	Gala Harriers Athletic Club	20:06	13	3
115	Alfie Ap dafydd (U20M)	Fife Athletic Club	20:09	14	3
115	Des Dickson (M60)	Cambuslang Harriers V50	20:09	4	1
117	Andrew Thompson (M50)	Metro Aberdeen Running Club V40	20:29	14	1
118	Grant Massie (SM)	Hunters Bog Trotters	20:31	63	3
119	Ross McEachern (M50)	Cumbernauld Amateur Athletics Club V50	20:45	15	3
120	Simon MacDonald (M60)	Moray Road Athletes V50	20:46	5	1
121	Scott Elliott (M60)	Kirkintilloch Olympians	20:52	6	3
122	John J Duffy (M60)	Shettleston Harriers	20:54	7	3
123	Gary Lyon (M40)	East Kilbride Athletic Club	21:05	24	3
124	Craig Anderson (M50)	Metro Aberdeen Running Club V40	21:09	16	5
125	Kenneth Hislop (M40)	Central Athletic Club	21:21	25	1
126	Graeme Wiseman (M50)	Clydesdale Harriers	21:29	17	5
127	John Querstret (M50)	Moray Road Athletes V50	21:30	18	3
128	Mark Urquhart (SM)	Peterhead Athletics Club	21:32	64	5
129	Ian Smith (M40)	Metro Aberdeen Running Club V40	21:38	26	3
130	David Gray (M60)	Lothian Running Club	21:41	8	3
131	Sam Grivell (SM)	Glasgow University Hares and Hounds	21:43	65	3
132	John Oates (M60)	Shettleston Harriers	21:48	9	5
133	Russell Chan (SM)	Cambuslang Harriers	21:50	66	5
134	Iain Craven (M40)	Edinburgh Athletic Club V40	21:54	27	5
135	Corin McGregor (U20M)	Edinburgh University Hare and Hounds	22:17	15	5
136	Niall Walker (SM)	East Kilbride Athletic Club	22:35	67	1
137	David Carson (SM)	Bellahouston Harriers	22:49	68	1
138	Steven Blair (M60)	Corstorphine AAC V50	22:59	10	3
139	Ryan Nelson (SM)	Clydesdale Harriers	23:03	69	3
140	Steve Donaghy (M60)	Moray Road Athletes V50	23:21	11	1
141	Michael Gray (SM)	Lothian Running Club	23:23	70	5
142	Jan-Bert Van Den Berg (M60)	Corstorphine AAC V50	23:31	12	1
143	Michael Carlin (M40)	East Kilbride Athletic Club	23:54	28	5
144	Richard Lawton (M50)	Calderglenn Harriers V40	24:38	19	1
145	Andrew Thom (M50)	Peterhead Athletics Club V40	25:02	20	3
146	Liam Scott (SM)	Lothian Running Club	25:56	71	5
147	Eric Stevenson (M70)	Edinburgh Athletic Club V50	26:22	1	3
148	Greg Bruce (M40)	Peterhead Athletics Club V40	26:57	29	5
149	Russell Couper (M60)	Calderglenn Harriers V40	30:24	13	3
150	Andy Downey (M50)	Garscube Harriers V50	30:39	21	1
151	Colin Banks (M50)	Calderglenn Harriers V40	34:39	22	5

Rank	Athlete	Club	Time	AgePos	Leg
1	Jamie Crowe (SM)	Central Athletic Club	27:54	1	6
2	Hamish Hickey (SM)	Central Athletic Club	28:31	2	4
3	Harry Henriksen (SM)	Edinburgh University Hare and Hounds	28:48	3	6
4	Angus Smith (SM)	Corstorphine AAC	28:54	4	2
4	Callum Tharme (SM)	Cambuslang Harriers	28:54	4	6
6	James Donald (SM)	Dundee Hawkhill Harriers	28:57	6	6
7	Noah Howlett (SM)	Edinburgh Athletic Club	29:03	7	6
8	Aidan Thompson (SM)	Central Athletic Club	29:07	8	2
9	Jack Eykelbosch (SM)	Corstorphine AAC	29:12	9	4
10	Fraser Stewart (SM)	Cambuslang Harriers	29:30	10	4
11	Ryan Donald (SM)	Dundee Hawkhill Harriers	29:38	11	2
12	Lewis Rodgers (SM)	Fife Athletic Club	29:40	12	6
13	Jordan Cruickshank (SM)	Metro Aberdeen Running Club	29:45	13	6
14	Angus Wright (SM)	Edinburgh University Hare and Hounds	29:48	14	2
14	Tom Tyler (SM)	Stirling University Athletics Club	29:48	14	6
16	Henry Silverstein (SM)	Edinburgh University Hare and Hounds	29:54	16	4
17	Seyd Taha Ghafari (SM)	Shettleston Harriers	30:04	17	2
18	Michael Cameron (SM)	Edinburgh Athletic Club	30:06	18	4
19	Rory Muir (SM)	Cambuslang Harriers	30:09	19	2
20	Freddie Fearn (SM)	Edinburgh Athletic Club	30:16	20	2
20	Ben Seath (U20M)	Metro Aberdeen Running Club	30:16	1	2
22	Alasdair Campbell (SM)	Bellahouston Harriers	30:18	21	2
23	James Badenoch (SM)	Corstorphine AAC	30:21	22	6
24	Calum Mckenzie (SM)	Corstorphine AAC	30:24	23	2
25	Michael Sanderson (SM)	Fife Athletic Club	30:28	24	4
26	Cameron Milne (SM)	Central Athletic Club	30:34	25	2
27	Robert Bough (SM)	Edinburgh Athletic Club	30:38	26	2
28	Julian Barrable (SM)	Corstorphine AAC	30:42	27	4
29	Adam Stark (SM)	Bellahouston Harriers	30:55	28	4
29	Daniel Sutherland (U20M)	Central Athletic Club	30:55	2	6
31	Mark Doherty (M40)	Edinburgh Athletic Club V40	30:58	1	2
32	Patrick Cole (U20M)	Stirling University Athletics Club	31:00	3	2
33	Matthew Drummond (SM)	Dundee Hawkhill Harriers	31:04	29	4
34	Jim Tole (M50)	Metro Aberdeen Running Club V40	31:05	1	2
35	Alistair Gudgin (SM)	Fife Athletic Club	31:08	30	2
35	Ross Houston (M40)	Central Athletic Club	31:08	2	4
37	Patrick Mochan (SM)	East Kilbride Athletic Club	31:11	31	2
38	Iain Whitaker (M40)	Edinburgh Athletic Club V40	31:30	3	6
39	Will Mackay (SM)	Metro Aberdeen Running Club	31:41	32	4
40	Fearghas Thomson (SM)	Corstorphine AAC	31:46	33	6
41	Iain Hutchinson (M40)	Corstorphine AAC V40	31:54	4	6
42	Jonathan Henderson (M40)	Edinburgh Athletic Club V40	32:01	5	4
43	Max Stevens (SM)	Central Athletic Club	32:03	34	4
43	Sam Lesley (SM)	Shettleston Harriers	32:03	34	6
45	Lesley Morrison (M40)	Metro Aberdeen Running Club V40	32:06	6	6
46	Neil Renault (M40)	Lothian Running Club	32:07	7	6
47	Finlay Raynor (SM)	Glasgow University Hares and Hounds	32:08	36	2
48	Matthew Maciocia (M40)	Metro Aberdeen Running Club V40	32:09	8	4
48	Dave Ward (M40)	Hunters Bog Trotters	32:09	8	4
50	Mickey Breen (M40)	Corstorphine AAC V40	32:12	10	2

Rank	Athlete	Club	Time	AgePos	Leg
51	Christopher Black (U20M)	Stirling University Athletics Club	32:15	4	4
51	Noah McDermott (SM)	Glasgow University Hares and Hounds	32:15	37	6
53	Mark Ritchie (SM)	Lothian Running Club	32:18	38	2
53	Grant Baillie (M40)	East Kilbride Athletic Club	32:18	11	4
53	Jack Kirwan (SM)	East Kilbride Athletic Club	32:18	38	6
56	Alex MacKenzie (SM)	Edinburgh University Hare and Hounds	32:21	40	2
57	Lucas Pyrro (SM)	Glasgow University Hares and Hounds	32:23	41	4
58	Louis O'Hare (M50)	Cumbernauld Amateur Athletics Club V50	32:26	2	4
59	David Mackintosh (SM)	Bellahouston Harriers	32:30	42	6
60	Michael Rimicans (SM)	Fife Athletic Club	32:33	43	6
61	Josh Wood (SM)	Central Athletic Club	32:43	44	6
62	Ali Armstrong (SM)	Corstorphine AAC	32:44	45	2
63	Stuart Gibson (M40)	Cambuslang Harriers	32:45	12	4
64	Cameron Watson (SM)	Inverclyde Athletic Club	32:51	46	2
65	Euan Convery (SM)	Garscube Harriers	32:55	47	2
66	Nicholas Wolverson (M40)	Edinburgh Athletic Club V40	33:08	13	6
67	David Cuthbert (U20M)	Edinburgh University Hare and Hounds	33:12	5	4
68	Colin Whitby (M40)	Garscube Harriers	33:14	14	4
69	Tom Porter (SM)	Shettleston Harriers	33:21	48	4
70	Chris Poxton (M40)	Corstorphine AAC V40	33:31	15	4
70	Justin Carter (M50)	Cambuslang Harriers V50	33:31	3	4
72	Adam Bayley (SM)	Edinburgh Athletic Club	33:37	49	4
73	Mark Wilkins (M40)	Metro Aberdeen Running Club V40	33:39	16	2
74	Yulian Vasilev (SM)	Fife Athletic Club	33:40	50	4
75	Adam Rouse (M50)	Edinburgh Athletic Club V50	33:46	4	4
76	Tim Hely (M50)	Edinburgh Athletic Club V50	33:47	5	2
77	Alan Callan (M40)	Inverclyde Athletic Club	33:52	17	6
78	Luke Fleming (U20M)	Fife Athletic Club	34:04	6	2
79	Ross Aird (M40)	Peterhead Athletics Club	34:09	18	2
80	Max Colligan (M50)	Corstorphine AAC V50	34:20	6	2
81	Shane Donnellan (SM)	Edinburgh Athletic Club	34:22	51	6
82	Charlie Hoskins (SM)	Edinburgh Athletic Club	34:23	52	2
83	Stephen Allan (M50)	Cumbernauld Amateur Athletics Club V50	34:34	7	2
84	Graeme Kafka (M40)	Hunters Bog Trotters	34:35	19	6
85	Freddie Braithwaite-Exley (SM)	Gala Harriers Athletic Club	34:37	53	2
86	Findlay Smith (SM)	Central Athletic Club	34:41	54	2
87	Gareth Jenkins (M50)	Moray Road Athletes V50	34:46	8	4
88	Joshue Dack (SM)	Lothian Running Club	34:59	55	4
89	Dino Roussias (M50)	Metro Aberdeen Running Club V50	35:02	9	2
90	Aedan McGonigle (U20M)	Stirling University Athletics Club	35:05	7	2
91	Stuart Campbell (M50)	Corstorphine AAC V50	35:09	10	4
92	Callum Urquhart (U20M)	Peterhead Athletics Club	35:10	8	4
93	Kevin Hamilton (M40)	Edinburgh Athletic Club V40	35:15	20	2
93	Finn Boylan (SM)	Glasgow University Hares and Hounds	35:15	56	4
95	Rankin Lascelles (M40)	Metro Aberdeen Running Club V40	35:17	21	4
96	Abhinav Naga (SM)	Edinburgh Athletic Club	35:27	57	4
97	Jelmer Samplonius (M40)	Hunters Bog Trotters	35:28	22	2
98	Scott Jenkins (SM)	Corstorphine AAC	35:33	58	4
99	Tom Humphrey (SM)	Clydesdale Harriers	35:50	59	6
100	Chris Upson (M60)	Cambuslang Harriers V50	35:57	1	2

Rank	Athlete	Club	Time	AgePos	Leg
101	Alex Robinson (SM)	Hunters Bog Trotters	36:08	60	4
102	Colin Munday (M50)	Metro Aberdeen Running Club V50	36:13	11	4
103	Ruairi Ferris (SM)	Kirkintilloch Olympians	36:22	61	2
104	Stuart Miller (M40)	Bellahouston Harriers	36:27	23	2
105	Dylan Morrison (U20M)	Edinburgh University Hare and Hounds	36:42	9	6
106	Josh Taylor (SM)	Edinburgh Athletic Club	36:45	62	6
107	Jamie Robertson (SM)	Gala Harriers Athletic Club	36:46	63	6
108	Barney Sharifi (SM)	Glasgow University Hares and Hounds	37:04	64	2
109	Tim Darlow (M50)	Gala Harriers Athletic Club	37:11	12	4
110	Stephen Carmichael (M50)	Moray Road Athletes V50	37:22	13	2
111	Jamie Clements (SM)	East Kilbride Athletic Club	37:37	65	2
112	Ryan McRae (SM)	Peterhead Athletics Club	37:41	66	6
113	Richard Meade (M40)	Edinburgh Athletic Club V40	37:42	24	4
114	Christopher O'Brien (M40)	Corstorphine AAC	37:45	25	6
115	Chris Morris (M40)	Bellahouston Harriers	38:09	26	4
116	Jens Subke (M50)	Central Athletic Club	38:23	14	2
117	Lukas Robinson (U20M)	Stirling University Athletics Club	38:38	10	4
118	Graham Stephen (M50)	Moray Road Athletes V50	39:18	15	2
119	Adam Hay (SM)	Inverclyde Athletic Club	39:19	67	4
120	Steve Mc Morrow (M50)	Peterhead Athletics Club V40	39:37	16	2
121	Ross Noble (SM)	Cambuslang Harriers	39:57	68	2
122	Sandy Orr (M50)	Lothian Running Club	40:01	17	6
123	Colin Green (M50)	Moray Road Athletes V50	40:09	18	4
124	Michael Diver (M50)	Clydesdale Harriers	40:13	19	4
125	Jason Grant (M40)	Calderglen Harriers V40	40:15	27	2
126	Michael O'Hagan (M50)	Cambuslang Harriers V50	40:29	20	2
127	Richard Masson (M40)	Metro Aberdeen Running Club V40	40:33	28	6
128	Stuart Mcmillan (M40)	East Kilbride Athletic Club	40:44	29	6
129	Martin Williams (M50)	Corstorphine AAC V50	41:05	21	2
130	Stephen Cullen (M60)	Garscube Harriers V50	41:38	2	2
131	Lewis Rider (U20M)	Clydesdale Harriers	42:13	11	2
132	Coll Williamson (SM)	Hunters Bog Trotters	42:48	69	2
133	Andre Antunes (M40)	Hunters Bog Trotters	42:52	30	6
134	Gerard Connelly (M50)	Calderglen Harriers V40	43:28	22	4
135	Brent Vivian (M60)	Corstorphine AAC V50	43:31	3	4
136	Harry Mulholland (M60)	Lothian Running Club	43:35	4	4
137	Stuart Gladstone (M40)	Peterhead Athletics Club V40	44:52	31	6
138	Graeme Haddow (M60)	East Kilbride Athletic Club	44:55	5	4
139	Richard Dodunski (M40)	Peterhead Athletics Club V40	48:11	32	4
140	Andrew Corrigan (M60)	Lothian Running Club	49:12	6	2
141	Brian Howie (M70)	Edinburgh Athletic Club V50	49:47	1	2
142	James McLaughlin (M50)	Bellahouston Harriers	50:34	23	2
143	Kenny Leinster (M60)	Calderglen Harriers V40	50:59	7	6